



The Cedar Times: Summer 2016

'for students, by students'

A Gorton Young Ambassadors Publication



First Aid Training at Cedar Mount

During half term, Mancunian Way invited me and some friends to take part in a 1st Aid course at school. It was good fun, but we also learned a lot. We learnt to do CPR and how to bandage someone if they cut themselves. I learnt if you cut yourself deeply, you have to hold it in the air and wrap it tightly with a bandage but not too tight, until the ambulance comes. We used dummies to practice CPR, they were very heavy. We also learned how to dislodge a sweet if someone is choking. I learned a lot from this course and will also will receive an official certificate. **By Rikaya, Yr 8**

#Skills4Life

this issue

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Volunteer!!

I was given the opportunity to work as a volunteer with Mancunian Way at the youth club on a Friday evening. I help out with the younger kids at the youth club, make sure they behave & have fun.

I like helping Mancunian Way and I look forward to going to youth club. I also speak to them at school when I am angry and they make me calm again. Thank you!

David M Yr 8

Table Tennis Competition!!



The Mancunian Way staff asked us at lunch time if we wanted to stay behind after school and take part in a table tennis tournament. Lots of us did!

They organised the tournament which was fun and interesting. We competed against our friends and used the tournament as a chance to see who was the best at the game. I had a good time and found it really challenging. We have some great table tennis players in the school.

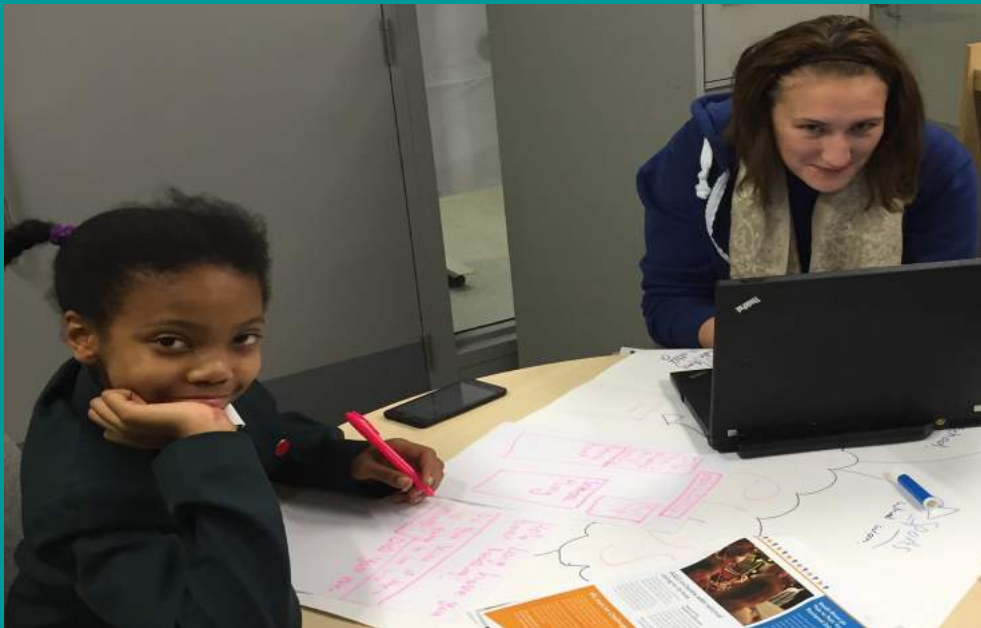
A massive thank you to them for organizing this event and I hope we do it again soon.

Tommy Yr 10 *#WhoIsNumberOne?*

Get involved with us!!!!!!



Mancunian Way
changing lives, improving communities



We are all very excited about making new friends in America. Mancunian Way say they might even take us there one day to visit!!

At first we made notes about what we would like to write and say to our pen pals. But we all seemed to struggle with what to write down, we didn't want to be boring, so we decided that we would all prefer to do a documentary - Life at Cedar Mount Academy. We will record each other on our mobile phones at school, at home and in our neighbourhood, and then edit it all into a film so our American friends can see what our lives are like compared to theirs.

By Logan Yr8 *#NewFriends*

Canoeing!

I went to the Water Adventure Center (WAC) in Droylsden with Mancunian Way. I went with the Gorton Young Ambassadors, we do lots of fun things as Ambassadors.



We had lots of fun, I even got to go in a double canoe with my friend Amy. We paddled all the way to the end of the canal and back. At one point a boat was coming past us and we had to get to the side of the canal as fast as we could. I really enjoyed the session!! *#Exciting*

By Nijima Yr8

Have you been canoeing with us yet?

If not, why not?

We take up to 10 pupils for this free trip during the school holidays.

Speak to **Verity** for more info.



Youth Club every Friday

Yrs 7 & 8: 4pm to 6pm

Yrs 9, 10 & 11: 6pm to 8pm

Want to be part of
the next newsletter?
Get in touch.

Holiday Club

We will be running an
extra youth club
session during the
holidays for pupils
11yr to 16yr.
Mondays 3pm to 5pm



**Pupils passing out at the
Fire Service 12 week project!**



Qualifications

We all passed our
Leadership Course!!
These are our official
certificates!!

Gorton Day Parade!

We are building a float to enter the
parade on Sunday 4th September.

Do you want to get involved?

Speak to Verity at Student Services

